# ATHLETE GUIDE

#### Midwest Half Marathon Series Overland Park, Kansas

May 18, 2025 Corporate Woods Park

#### **Overland Park, Kansas**

To help get you ready for the event from Corporate Woods in beautiful Overland Park, the enclosed information will assist you with your weekend experience.



#### WELCOME!

Thank you for your registration into the Greater Kansas City Midwest Half Marathon,10K, 5K and Kids One Mile Fun Run presented by Fleet Feet.

For those athletes that are joining us for the first time, our wish is that you reach our finish line and your personal fitness goals, whatever they may be!

Be safe and enjoy the beautiful community of Overland Park, Kansas!



## **OUR PACKET PICK-UP PARTNER**

Premier Event Management is proud to be working with Fleet Feet on several athletic events in 2025. As the Packet Pick-Up Location Sponsor for each of our 4 Midwest Events, a new tradition begins with the inaugural running of the Midwest Half Marathon Series & Fleet Feet!

Join us at other midwestern stops in the Midwest Half Marathon Series. Those locations include:

> Twin Cities, MN – Sunday, June 29, 2025 Omaha, NE – Sunday, Sept. 7, 2025 Des Moines, IA – Sunday, Sept. 21, 2025



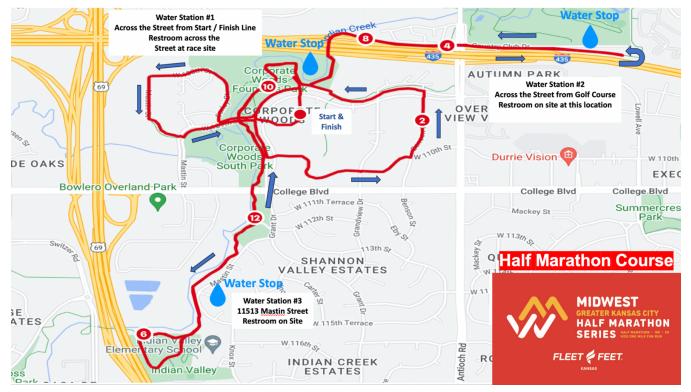
### **OUR HOST COMMUNITY**

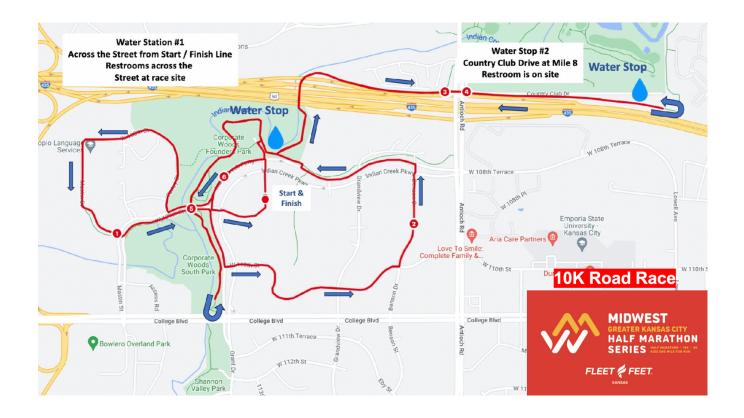
The community of Overpark, Kansas will play host to the inaugural running of the Greater Kansas City Midwest Half Marathon Series. From its beautiful downtown area, to its fabulous parks and community trail systems, the city of Overland Park, Kansas has something for everyone!



#### HALF MARA. / 10K RACE COURSES

#### A PORTION OF THE HALF MARATHON COURSE IS A DOUBLE LOOP COURSE SIGNAGE AND VOLUNTEERS WILL BE ON COURSE FOR YOUR SUPPORT





#### **5K / KIDS RACE COURSES**





### **BIB NUMBER & DISTRIBUTION**

Packet pick-up will be on Saturday, May 17, 2025 from 11:00am to 5:00pm at the Overland Park Fleet Feet: (11908 W 119th St, Overland Park, KS 66213, 913-469-4090).

At packet pick-up you will receive: Race Bib, Race T-Shirt, and your Drawstring Bag



#### SCHEDULE OF EVENTS

#### Saturday – May 17, 2025

Packet Pick-Up & Registration – 11:00am to 5:00pm Overland Park Fleet Feet: (11908 W 119th St, Overland Park, KS 66213, 913-469-4090). Sunday – May 18, 2025 5:30am to 7:00am – Packet Pickup & Registration, near start/finish 6:00am to 7:15am – Gear Check Area Open 7:15am – Athletes Move to Starting Line for Staging 7:25am – National Anthem 7:30am – START – Half, 10K, 5K 7:55am – First 5K Runner Crosses the Finish Line 8:50am – First Half Marathon Runner Crosses the Finish Line 9:00am – 5K Awards Presented 10:00am – START: Midwest Kids One Mile Fun Run 10:00am – 10K Awards Presented

12:30pm – Post Event Activities Close Down



### **COURSE SUPPORT**

Athletes will have 3 different water stations on course for your support.

Half Marathon runners will hit these locations twice. Locations will offer water, Gatorade, ice, bananas, energy gels. Portable restrooms are also available at these stops.

### PARKING

There is plenty of on street and off-street parking in and around the start / finish Line for this event. There is plenty of parking for the event right at the Corporate Woods Corporate Park right near the start / finish lines for your convenience.

#### WALKING / STROLLER DIVISION

That's correct! The Greater Kansas City Midwest Half Marathon Series Event, will offer a walker and stroller division for our new moms and their kids. Remember, the Half Marathon does have a 4-hour time limit if walking or running with your baby stroller.

### **COURSE TIME LIMITS**

The Greater Kansas City Midwest Half Marathon Series event will have a 4-hour time limit for all Half Marathon Runners and Walkers

#### AWARDS

Awards will be presented to top three overall winners, top three masters, and the top three in each age group. Age groups are contested in 5-year increments.

#### See you at our Finish Line!

